

REST

P.M. GUMMY

Supports Stress Relief,
Relaxation, & Restorative Sleep



SUGAR
FREE



NO ARTIFICIAL
SWEETENERS



NON
GMO



Oola.

Got goals? Rest and recovery are the key to performing at your best. REST is a proprietary blend of nutrients specifically formulated to calm the mind, relax the body, and promote the deep restorative sleep your body craves.

WHAT IT DOES

- Helps with stress relief by calming the mind.
- Encourages calmness and clarity.
- Promotes restorative sleep and healthy sleep cycles.

HOW IT WORKS

- Melatonin supports sleep cycles and the body's natural circadian rhythms assisting nightly restoration efforts.
- Supports healthy nerve activity in the brain with GABA, L-Tryptophan, L-Theanine, and Ashwagandha.
- Proprietary blend assists healthy brain physiology in order to promote a sense of calm.



SUGAR
FREE



NO ARTIFICIAL
SWEETENERS



NON
GMO



WHAT ARE THE BENEFITS?

SUPPORTS RESTORATIVE SLEEP AND PROMOTES A SENSE OF CALM

Melatonin supports healthy sleep cycles and the body's natural circadian rhythms assisting nightly restoration efforts.

PROMOTES HEALTHY MOOD BEHAVIOR

A powerhouse blend of ingredients to assist healthy brain physiology in order to promote a sense of calm and well-being through supporting healthy neuroprotective function and properties.

PROVIDES YOUR BODY WITH VITAMINS TO SUPPORT WELL-BEING

Vitamin D supports normal functioning of the nervous system and assists in normal bone mineralization growth cycles. Vitamin B6 is important for healthy and normal brain development, while encouraging the metabolism of protein for healthy muscle tissue development.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEY INGREDIENTS



ASHWAGANDHA:
30 MG

Helps calm the mind, relax the body, and ease the stress of the day.*



L-THEANINE:
25 MG

Encourages calmness and clarity so you can relax, rest, and recharge.*



MELATONIN:
5 MG

Promotes rest and healthy sleep cycles.*



GABA:
100 MG

Supports healthy nerve activity in the brain.*



L-TRYPTOPHAN:
50 MG

An essential amino acid that helps the body make proteins and certain brain-signaling chemicals.*



VITAMIN B6:
50 µG

Important for healthy and normal brain development.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

REST

P.M. GUMMY



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.